

BOOSH Cafe Weekly Menu

Term 2 – Week 10

<u>Week 10</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	Hashbrowns with toast	Waffles with honey and maple syrup	Scrambled eggs with toast	Baked beans and spaghetti with toast	Toasties with cheese, ham and chicken
	<p><i>Served Daily</i></p> <p>Cereal: Rice Bubbles, Sultana, Cornflakes, Weetabix</p> <p>Toast & Spread: Choice of Wholemeal, Raisin, English muffins w butter, vegemite, jam or honey</p>				
Afternoon Tea	<p>Cruskits with</p> <ul style="list-style-type: none"> • Butter • Vegemite • Ham slices • Chicken slices • Cheese slices • Tomatoes • cucumbers 	<p>Vegetarian (corn, peas, carrots, onions, mushrooms) fried rice with soya sauce</p>	<p>Assorted Wholemeal wraps:</p> <ul style="list-style-type: none"> • Lettuce • Cucumbers • Tomatoes • Ham slices • Chicken slices • Cheese slices 	<p>Roast Vegetables</p> <ul style="list-style-type: none"> • Sweet potatoes • Carrots • Potatoes • Pumpkin 	<p>Vegetarian (corn, peas, carrots) Pasta with passata sauce and cheese</p>
	<p><i>Served Daily</i></p> <p>Fruit: Pears, Red & Green apples, oranges, seasonal fruits</p> <p>Veggies: Tomato, cucumber, carrot, capsicum, celery</p> <p>sultana, cheese</p>				